Kent Cycling Association



President: Mr Mick Morris

25 Mile 3up Team Time Trial and Solo Time Trial

(Promoted by Woolwich Cycling Club / San Fairy Ann Cycling Club for and on behalf of the KCA and Cycling Time Trials. The event is promoted under the Rules and Regulations of Cycling Time Trials)

Sunday 14 August 2022

Course: Q25/3 Start: 7.00 am

Event Secretary: John Longbottom – San Fairy Ann CC - Event admin. pre & post event.

sanfairyanncyclinclub@gmail.com

Terry Blake – Woolwich CC - Event setup and on the day administrator.

Mobile Phone No. 07939 34219 terry.blake4@btinternet.com

Start Timekeeper: Mr Paul Mepham – VC Elan-Harry Perry

Finish Timekeeper: Mr Mick Morris – CC Bexley

Recorder: Mr Richard Claxton – VC Elan-Harry Perry

Event Headquarters: Hamstreet Sports Pavilion, Hamstreet, Ashford, TN26 2JH.

Be aware of the height barrier at the entrance to the car park!

Directions To HQ

From Ashford direction, & travelling on the Ashford Road, go past the railway station, past the Dukes Head pub and the pavilion will be found on the right on the edge of the recreation ground at the back of the public car park.

From Rye direction turn off the A2070 (Johnson's Corner) towards Hamstreet, over the canal bridge, past the garden centre on the right and the pavilion is on the left just past the Cock Lane junction on the right.

Course Details Q25/3

Hamstreet - Johnsons Corner – Brenzett - Cloverleaf - (A2070)

START (TR 00373 32756) Start on minor road out from Hamstreet towards the A2070 (Johnson's Corner) at a point 93 yards (85 metres) north of High Voltage power lines crossing the road at paint mark on road. Proceed to Johnsons Corner to join A2070 (0.66miles) (M) and turn left towards Brenzett RAB. **TURN** at the Brenzett RAB(3xM) (4.03 mls) by taking the 4th exit and retrace northwards on the A2070, passing Johnson's Corner and straight over Bridgefield RAB to Cloverleaf RAB (M) (13.07 mls).

TURN at Cloverleaf RAB (M) by taking the 4th exit and retrace southwards on A2070, straight over Bridgefield RAB to Brenzett RAB (22.04mls).

TURN at the Brenzett RAB(M) for the second time by taking the 4th exit and retrace northwards on the A2070.

FINISH at field entrance approx. 0.37 miles south of Johnsons Corner on the A2070. (TR 00641 31379) (25 miles). Take care when turning right at Johnson's Corner when returning to the HQ.

Course Map



Information For Competitors

Please take some time to read through the notes below, especially those relating to lights and helmets.

If you are competing as part of the 'Road Bike' events please also read through the KCA rules for such events.

General

- Clothing CTT Regulations require that the team must all ride in kit of a <u>similar design and colour</u>. You will not be allowed to start if this is not complied with.
- No rider should use a turbo trainer or rollers in the HQ parking area or adjacent roads within 50 metres
 of a domestic property. Failure to comply rider risks disqualification from the event.
- Keep noise to a minimum to avoid unnecessary disturbance of local residents.
- Riders should not arrive at the start any more than 5 minutes before their alloted start time.
- No warming up on the course once the event has started.
- Numbers will be at HQ.
- Riders are required to <u>sign on</u> before collecting their number and also to <u>sign out</u> at the end of the event. **Failure to sign back will result in a DNF on the results.**
- Please ensure that you pin your number on your <u>lower back</u>. If you pin it too high on your back the timekeeper may miss it and you could be shown as DNF on the result.
- Whilst competing, riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations, disciplinary action may result from breaches to these regulations.

Helmets & Lights

- <u>All</u> competitors must wear a properly affixed helmet, which must be of hard/soft shell construction.
 Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS
 2063:96, DIN 33-954, CPSC or EN 1078.
- No competitor shall be permitted to start the event unless they have affixed BOTH front & rear lights
 to their machine. Both lights must be working (either flashing or constantly illuminated) when the rider
 starts and in a position that is clearly visible to other road users.

Covid-19

CV19 must be still considered and the CTT have current guidance in place HERE on their website.

In summary:

- Competitors should not attend if they feel ill in ANY way especially if they or family members have any CV19 symptoms.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an
 underlying asymptomatic illness of ANY kind, and that they should DNS and leave immediately and not
 go to the start line if they feel this is the case.
 - o Any competitor where the above is relevant should obtain a lateral flow test.
- Competitors are encouraged to undertake a lateral flow test prior to attending the event.
 - o Any Positive Tests The competitor should not attend the event.
- Spectators and support crews are encouraged to undertake a lateral flow test before attending the event.

KCA Road Bike Event Regulations

- No aerobars, clip on aerobars or aero extensions can be used.
- Hands must be holding the handlebars at all times whilst racing (i.e. not with forearms resting on the handlebar).
- Legs must only be covered to mid shin (same in TT)
- Wheels may have no more than 90mm rim depth and must have at least 12 spokes.
- Helmets must have no visor
- Ears must not be covered by the helmet. (Giro Aerohead type helmets are not permitted. No aero TT helmets)

Prizes

3up Event

TT Cat.		ROAD BIKE Cat.		
MALE	FEMALE	MALE	FEMALE	
1 ST £75	1 ST 75	1 ST £75	1 ^{s⊤} 75	
2 ND £60				

Solo Event

TT Cat.		ROAD BIKE Cat.			
MALE	FEMALE	MALE	FEMALE		
1 ST £30	1 ST £30	1 ST £25	1 ST £25		
2 ND £20					
3 RD £15					

NO.	NAME 3up ROAD BIKES	CLUB	GENDER	CAT.	START @
1	Emily Tanner	Woolwich CC	Female	Juvenile	07:03
2	Rianna Mahoney	Woolwich CC	Female	Juvenile	07:03
3	Millie Atkinson	Woolwich CC	Female	Juvenile	07:03
4	Andrew Brimson	Woolwich CC	Male	Veteran	07:06
5	Dave Gearing	Woolwich CC	Male	Veteran	07:06
6	Kevin Armstrong	Woolwich CC	Male	Senior	07:06
7	Dave Richards	San Fairy Ann CC	Male	Veteran	07:09
8	Pritesh Patel	San Fairy Ann CC	Male	Senior	07:09
9	Lawrence Grover	San Fairy Ann CC	Male	Veteran	07:09
10	Alex Pearson	Woolwich CC	Male	Veteran	07:12
11	Nick Elson	Woolwich CC	Male	Senior	07:12
12	Kristof De Beule	Woolwich CC	Male	Senior	07:12
	3up				
13	Mick Claydon	Ashford Whs	Male	Veteran	07:15
14	Jon Hollidge	Ashford Whs	Male	Veteran	07:15
15	Andy Robinson	Ashford Whs	Male	Veteran	07:15
16	Valerie Place	70aks Tri Club	Female	Veteran	07:18
17	Glenda Goscomb	70aks Tri Club	Female	Veteran	07:18
18	Sarah McDonald	70aks Tri Club	Female	Veteran	07:18
19	Stewart King	Ashford Whs	Male	Veteran	07:21
20	Michael Newman	Ashford Whs	Male	Veteran	07:21
21	Darren Head	Ashford Whs	Male	Veteran	07:21
22	Jamie Harris	Wigmore CC	Male	Senior	07:24
23	Philip Appleby	Wigmore CC	Male	Senior	07:24
24	Edmund Everall	Wigmore CC	Male	Senior	07:24
25	Lee Buckman	Ashford Whs	Male	Veteran	07:27
26	Steve Clarke	Ashford Whs	Male	Veteran	07:27
27	Andy Branson	Ashford Whs	Male	Veteran	07:27
28	Mathew Lister	Thanet RC	Male	Veteran	07:30
29	Stephen Wilkinson	TWB - On Time Race Team	Male	Veteran	07:30
30	Robert Nicholas	Deal Tri	Male	Veteran	07:30
31	Martin Jones	Colour Tech RT	Male	Veteran	07:33
32	Matthew Smith	Colour Tech RT	Male	Veteran	07:33
33	Andrew Bates	Colour Tech RT	Male	Veteran	07:33
34	Tom Rowing	Abellio - SFA Racing Team	Male	Senior	07:36
35	Dean Chiddention	Abellio - SFA Racing Team	Male	Veteran	07:36
36	Reuban Davey	Abellio - SFA Racing Team	Male	Espoir	07:36
37	Michael Nagi	Team Bottrill	Male	Senior	07:39
38	Matthew Brooke	Wahoo Endurance Zone p/b Le Col	Male	Senior	07:39
39	Oliver Kolodseike	Clapham Chasers	Male	Senior	07:39
43	Christopher Pocock	Podium Addict (RESERVE)	Male	Senior	07:39
40	Samuel Robinson	Ashford Whs	Male	Senior	07:42
41	Owen Fletcher	Ashford Whs	Male	Senior	07:42
42	David Hampton	Ashford Whs	Male	Veteran	07:42

NO. NAME **CLUB** CAT. START @ **GENDER SOLO ROAD BIKES** Onyx RT Female Veteran 07:45 45 **Ida Smith Keith Tanner** Woolwich CC Male 07:46 46 Veteran 47 Lesley Newman Ashford Whs Female Veteran 07:47 07:48 Jonathan Smith Onyx RT Male Veteran **SOLOS** 50 Austen Lowe Watford Velo Sport Male Senior 07:50 51 Matt Nunn Medway Velo Club Male Senior 07:51 52 David Enticknap San Fairy Ann CC Male Veteran 07:52 53 Mark Gidney Southborough & Dist. Whs Male Veteran 07:53 Natasha Jarman 54 Southborough & Dist. Whs Female Veteran 07:54 55 Steve Gooch Rye & District Wheelers CC Male Veteran 07:55 56 Pete Elms VC Deal Male Veteran 07:56 David Hodsman Dulwich Paragon CC 07:57 57 Male Senior 58 **Peter Conway** 70aks Tri Club Male Veteran 07:58 59 **Paul Simon Griffiths** Thanet RC Male Veteran 07:59 Nick Wilson Rye & District Wheelers CC 60 Male Veteran 08:00 Christopher Bax Thanet RC 08:01 61 Male Veteran 62 Richard Bayne San Fairy Ann CC Male Veteran 08:02 **Andy Burrows** Thanet RC 08:03 63 Male Veteran San Fairy Ann CC 64 Jeremy Roth Male Veteran 08:04 65 Joshua Clark Royal Navy & Royal Marines CA Male Senior 08:05 David Bishop Wigmore CC Male Veteran 08:06 66 VC Elan - Harry Perry Cycles 67 **Shay Giles** Male Veteran 08:07 68 Martin Dickinson Thanet RC Male Veteran 80:80 Matt Lacey San Fairy Ann CC Male Veteran 08:09 69 70 Nicholas Fennell Thanet RC Male Senior 08:10 Mark Vowells San Fairy Ann CC Male Vet (Tri) 08:11 71 72 Rebecca Wilson Rye & District Wheelers CC Female Veteran 08:12 Royal Navy & Royal Marines CA 73 Michael Philpot Male Veteran 08:13 74 Huseyin Vardal Male 08:14 Gemini BC Veteran 75 **Christopher Fennell** The Independent Pedaler - Nopinz Male Senior 08:15